

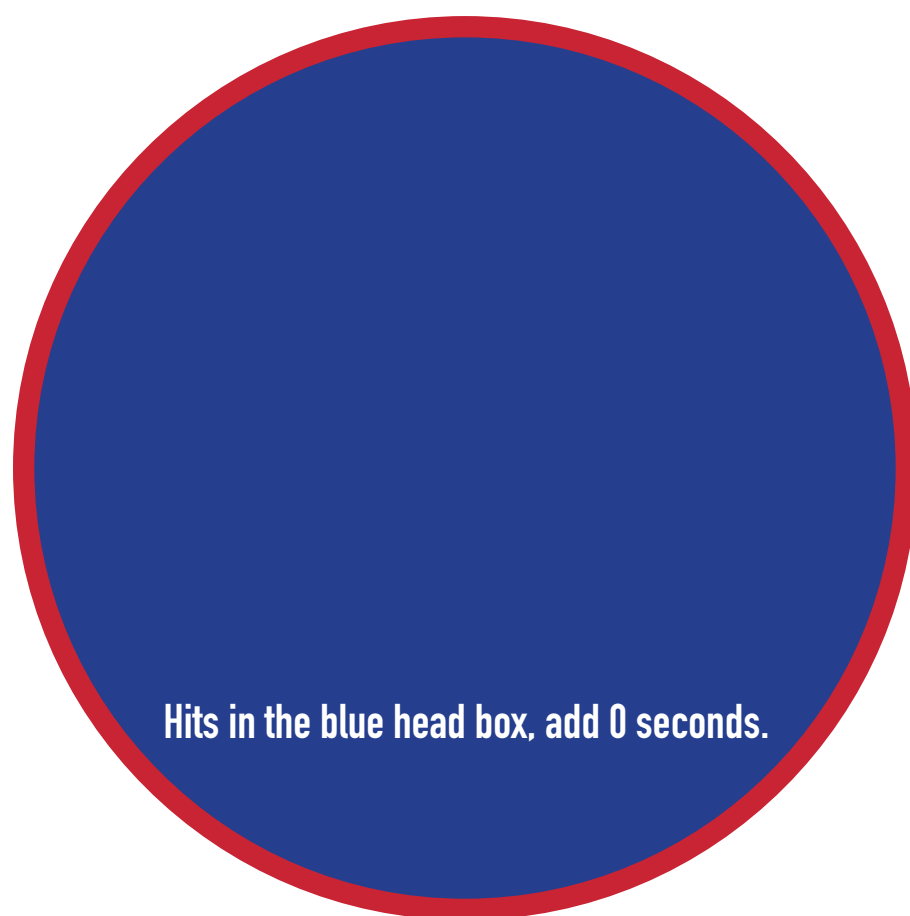
THE BFM DRILL

Bill Drill, Fast Drill, Mozambique Drill

This target was designed using the harder-scoring areas of both the IDPA target and the USPSA target, combining them both into a more difficult, productive training target.

The BFM Drill is designed to combine the benefits of three standard training drills that you may be familiar with, to offer a well-rounded cross-training exercise. This drill combines all of the techniques you need to practice to excel at both competitive and defensive shooting.

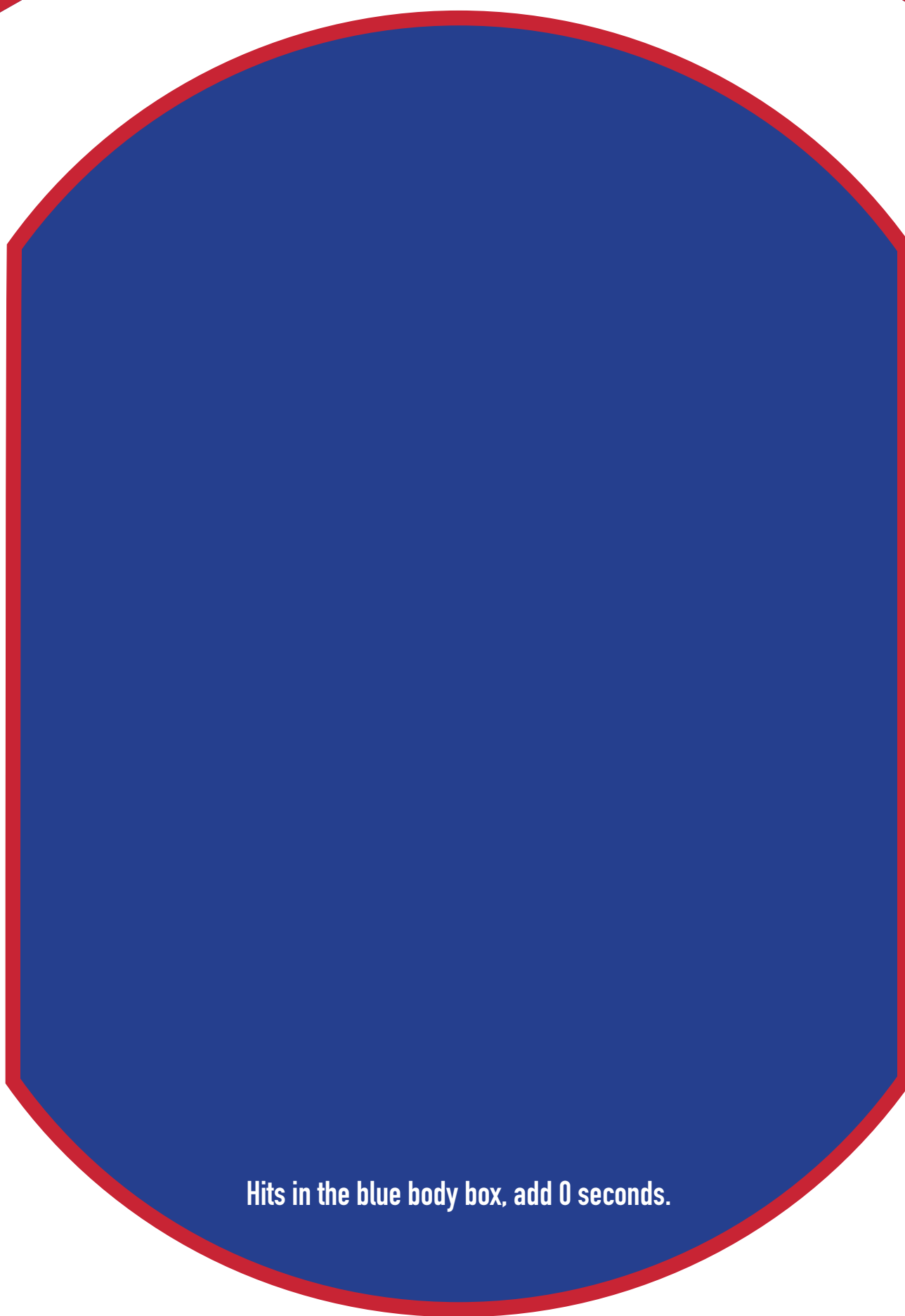
Hits in the blue field outside the target, add 3 seconds.



Hits in the blue head box, add 0 seconds.

TEAM COLT

HANDGUN CROSS-TRAINING DRILL



Hits in the blue body box, add 0 seconds.

Hits in the white or red of the target body, add 1 second.

THE COURSE OF FIRE

Distance from target: 7 yards

Firearm condition: Loaded with eight rounds

Start position: Handgun holstered, hands relaxed at sides

Round count: 15 rounds total

Procedure:

1. On the beep signal, draw and engage the target with 6 rounds to the body box.
2. Engage the head box with 2 rounds, then perform an emergency slide lock reload.
3. Engage the body box again with 4 rounds.
4. Transition to the head box and fire 1 round.
5. Transition back to the body box and fire 2 rounds.

Scoring:

10.00 second or under	=	A rating
10.01 - 13.00 seconds	=	B rating
13.01 - 16.00 seconds	=	C rating
16.01 - 20.00 seconds	=	D rating
20.01 seconds and over	=	Fail

Hits outside the blue of the designated head or body box, but still in the red or white body of the target, add 1 second. For all rounds outside the body, add 3 seconds.

Hits in the blue field outside the target, add 3 seconds.

Do you have what it takes to pass the class with the Team Colt Handgun Cross-Training Drill? This drill was outlined by Team Colt Sponsored Shooter Mark Redl to help you hone critical skills so they're sharp when you need them most.

BUILT ONE AT A TIME,
PROVEN EVERY ROUND™

RECOIL

